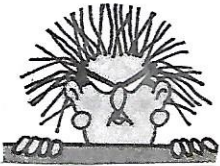


**Dear Members Reminder: CSA and Fruit share payments due by the 15<sup>th</sup>**

June 21 2017

Thanks to everyone who had paid still quite a few who haven't so please get them in and save me time having to email everyone. If you're not sure, we have a copy of the payment schedule at the front desk.



**Whine Line:** by the time you read this hopefully we will be seeing the promised sun. Another farmer called me last weekend to come look at his crops "they look weird" I did, and found healthy plants but small, and told him they need some BTU's from the sun and everything will spring up. The same for us too, things are smaller (except the weeds which seem to like this weather. Costs go up for us as we have to weed three times instead of twice, but it'll all work out.

**In the harvest: Carrots!!!.** Yay. These were ones we planted in hoopouses the first week of April. They too are smaller than they should be, but it's a miracle that they even germinated. So we're happy. The bunches are small but we don't want to pick out too many so we can give the rest of them another week or two of growth. Ditto for **spring onions** that we normally would be picking now but are waiting just a little longer.

**The herbs are thriving.** Herbs are so nutritious and may be unfamiliar to folks. Here is a little guide:

Purslane – pinch new growth off right at top  
loaded with omega 3. Crisp juicy texture, mild flavor

Too much lettuce? Juice it! (also a guide of what you can put in salads)

Lettuce juice with herbs to flavor:

like licorice use anise hyssop

like garlic use garlic chives

like mint use spearmint

like sour flavor use French sorrel (a little goes a long way)

like lemon use lemon balm (this grows huge we're always cutting it back so try it)

like celery use lovage ( a little goes a long way)

like spicy use winter savory

like parsley flavor use, well, parsley

a little bit of thyme or oregano might be to your liking

Flowers on herbs can be sprinkled on your salads for flavor and beauty.

Also sage flowers, calendula petals (some growing by the rosemary bed)

Parsley beds are lush right now (out by the chickens) Powerhouse of nutrition you should be eating it

